

SFA Wellness Committee

SFA Name: FIELD, EPIC de Cesar Chavez

FSMC/Vendor Name: \_\_\_\_\_

Date: June 03, 2022

Agenda:

1. Introductions
2. Wellness Policy
3. Review Current Wellness Policy
4. Triennial Assessment - Analyze each section (4)
5. Implement policy throughout our SFA
6. SWC Member Roles
7. Questions
8. Closing - Schedule next meeting date: July 18, 2022

Committee Members:

Yasmin Soto

Helena Villarino-Wright

Vanessa Gutierrez

Elizabeth O. Tapia

Lisa Tabarez

Cynthia Morin

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

This institution is an equal opportunity provider.

School Name: FIELD – EPIC de Cesar Chavez

Date: 01/18/2022

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
		Strong	Weak	No Policy	School Wide	Most Schools	A Few Classrooms	In Planning	No Classrooms	
These are the strategies that we will be working to write into policy	Write any current policy we have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy									Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.
Provide healthy choices for snacks and celebrations; limit unhealthy choices	All food offered...will meet or exceed USDA Smart Snacks in school nutrition standards including celebration...classroom snacks	X			X					
Provide water and 2 types of milk; Limit or eliminate sugary beverages.	Providing water and 1 type of milk			X					X	School under Covid-19 waiver offering only 1% low-fat milk
Provide non-food rewards.	Food & beverages will not be used as a reward, or withheld as a punishment	X			X					
Primary non-food items should be sold through school fundraising activities	Food & beverages that meet or exceed the USDA Smart Snacks in School Nutrition Standards		X		X					
Provide opportunities for students to get physical activity everyday	...provide equal opp. To participate in P.E. classes...make appropriate accommodations	X			X					
The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment	Physical activity during the school day...will not be withheld as punishment for any reason	X			X					
Limit recreational screen time (School based screen time)	N/A			X					X	

