

November 2022

Breakfast

Kellogg's® Fruit Loops
Original Grahams
Ocean Spray® Orange Craisins®
Apple 100% Juice
1% Milk or Nonfat Chocolate Milk



Milk

1% Low fat Milk or
Non-Fat Chocolate Milk
*Offered with every meal

Lunch

| | Tuesday 11/01 | Wednesday 11/02 | Thursday 11/03 | Friday 11/04 |
|--|---------------------------------------|--|----------------------------------|--|
| | Chicken Salad Meal Jicama & Hummus | Wings & Pizza Meal Broccoli, Cauliflower, & Hummus | Bean Dip Meal Jicama & Hummus | Meat & Cheese Meal Broccoli, Cauliflower, & Hummus |
| Monday 11/07 | Tuesday 11/08 | Wednesday 11/09 | Thursday 11/10 | Friday 11/11 |
| Nacho Meal Broccoli, Cauliflower, & Hummus | Chicken Salad Meal Jicama & Hummus | Wings & Pizza Meal Broccoli, Cauliflower, & Hummus | Bean Dip Meal Jicama & Hummus | Meat & Cheese Meal Broccoli, Cauliflower, & Hummus |
| Monday 11/14 | Tuesday 11/15 | Wednesday 11/16 | Thursday 11/17 | Friday 11/18 |
| Nacho Meal Broccoli, Cauliflower, & Hummus | Chicken Salad Meal Jicama & Hummus | Wings & Pizza Meal Broccoli, Cauliflower, & Hummus | Bean Dip Meal Jicama & Hummus | Meat & Cheese Meal Broccoli, Cauliflower, & Hummus |
| Monday 11/21 | Tuesday 11/22 | Wednesday 11/23 | Thursday 11/24 | Friday 11/25 |
| Nacho Meal Broccoli, Cauliflower, & Hummus | Chicken Salad Meal Jicama & Hummus | Wings & Pizza Meal Broccoli, Cauliflower, & Hummus | Bean Dip Meal Jicama & Hummus | Meat & Cheese Meal Broccoli, Cauliflower, & Hummus |
| Monday 11/28 | 11/29/2022 | 11/30/2022 | | |
| Nacho Meal Broccoli, Cauliflower, & Hummus | Chicken Salad Meal Jicama & Hummus | Wings & Pizza Meal Broccoli, Cauliflower, & Hummus | | |

Grades 9 -12
This institution is an equal opportunity provider.

