

November 2023

Breakfast
Multigrain Cheerios Cereal or Cinnamon Toast Crunch Bar
Served with: 1W Apple Slices & choice of Milk



Milk
1% Lowfat Milk or Nonfat Chocolate Milk *Offered with every meal

Lunch				
<p>A variety of vegetables are offered daily to meet the weekly vegetable subgroup requirement.</p> <p>Weekly vegetables include: Hummus, Baby Carrots, Jicama sticks, Grape Tomatoes, **Broccoli buds (may take 2 bags) **Salad w/ Dressing (may take 2 bags) 1W Apple Slices are offered with every Meal</p>		Wednesday 11/01	Thursday 11/02	Friday 11/03
		Butterball Turkey Stick Meal or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick Meal or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick Meal or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal
Monday 11/06	Tuesday 11/07	Wednesday 11/08	Thursday 11/09	Friday 11/10
Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Veterans Day
Monday 11/13	Tuesday 11/14	Wednesday 11/15	Thursday 11/16	Friday 11/17
Butterball Turkey Stick or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal	Butterball Turkey Stick or Cheese Cup w/ Salsa or Peanut Butter & Jelly Meal
Thanksgiving Break Monday November 20 - Friday November 24				
Monday 11/27	Tuesday 11/28	Wednesday 11/29	Thursday 11/30	
Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	Beef & Cheese Stick Meal or Cheese Stick w/Marinara Sauce or Sweet BBQ Chicken Bites	

**Students may take up to 2 bags for a total of 1 half cup

